

### 3 Education Rescue from Safety Nets

**3 Education Ltd** specialising in work @ height across all sectors. The company creates and delivers learning programmes which encourage candidate interaction through the style of course delivery and follow up. The company is the leading FASET training provider, delivering courses & assessment programmes across the world.

#### Regulations

The Work at Height Regs require work at height to be properly planned. This planning **MUST** include measures to execute a rescue. A frequently overlooked consideration is the evidence that this plan is **workable, equipment is fit for purpose** and those carrying out the rescue are **trained**.

#### Rescue Workshop

3 Education have authored a half day “stand alone” modular rescue workshop aimed at the operatives who may need to carry out a rescue or may even need to be rescued. Their involvement in the workshop, ensures the creation and development of a workable plan. The practical session will involve placing Operatives within a safety net, stretchers and the Recovery Bag.

#### Outcome

The outcome of the workshop is for candidates to fully understand how Safety Nets work and to be able to deliver a successful rescue. They will be able to do this by being capable of assessing the workability of the rescue plan at all times it might be required.

#### Syllabus

- Workshop rules
- How Safety Nets work
- Work at Height Regulations
- Rescue techniques & prioritising considerations
- Practical issues and solutions
- Group work & presentations
- Group discussions
- Conclusions
- Walking the Safety Net and doing a Rescue (practical)

#### Certification

Following workshop attendance, candidates are provided with a 3 year FASET Certificate of Attendance. Managers are provided with a summary of issues raised and suggested actions for the organisation to consider. Wherever possible, Managers should be involved in the workshop to encourage “buy-in” from operatives.



#### Candidate numbers

Maximum 8.

#### Facilities

*Client site*, a MEWP, scaffold frame, nets, ropes, stretcher. *3 Education site-supplied*.

#### Duration

Typically 1/2 day.

